

2017 Community Service Plan Highlights

5,000

TICK-REMOVAL KITS

Offered monetary support of 5,000 tick-removal kits through the Dutchess County Department of Community and Behavioral Health for distribution in communities and to promote awareness about tick-borne illnesses.

2,000

POUNDS OF FRESH FRUIT AND VEGETABLES

sold during the first season of Putnam Hospital Center's Farmers Market.

40

BLOG ENTRIES

posted on Health Quest's blog the Hudson Valley Health Hub, healthquest.org/blog.

100+

DONATIONS GRANTED

to nonprofit and community organizations with missions that align with Health Quest's mission of creating a healthier community.

900

POUNDS OF PRESCRIPTION MEDICATION TURNED IN

by 235 community members at our two medication take-back days at Putnam Hospital Center.

30,000+

SOCIAL MEDIA USERS REACHED

with healthy lifestyle tips, advice from doctors, nurses and other healthcare providers, and articles about trending and preventive healthcare topics.

60

EDUCATIONAL COLUMNS

on nutrition, heart health, chronic disease, fall prevention and other health topics appeared throughout the year in local publications, including Putnam County Press, the Poughkeepsie Journal and Southern Dutchess News.

1,975

WOMEN EDUCATED ON BREAST CANCER SCREENING/HEALTH

Our trained navigators assist patients with overcoming barriers such as language, transportation and insurance.

1,624

HEART HEALTH EVALUATORS TAKEN

The biggest key to heart health is regular exercise. Just 10 minutes a day of brisk walking cuts your risk of heart disease in half.

Take the Heart Health Evaluator: healthquest.org/hearthealth

THE HOSPITALS OF HEALTH QUEST ARE COMMITTED TO IMPROVING THE HEALTH AND WELL-BEING OF THE COMMUNITY.

57

PEOPLE TRAINED IN SAFETALK

(Suicide Alertness for Everyone).

SafeTALK teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention.

325

PEOPLE TRAINED IN CPR

through our complimentary life-saving CPR classes.

\$41,684,000

PROVIDED IN UNCOMPENSATED AND CHARITY CARE

including the subsidization or full coverage of payment for healthcare services provided to low-income, elderly or under-served individuals.*

300,000

MINUTES OF EXERCISE LOGGED FOR GETFITHV

by community members on getfithv.com.

948

UNIQUE PARTICIPANTS

in Get Fit Hudson Valley, a six-week exercise challenge. Participants exercise for at least 30 minutes at one of the numerous community ally locations and log their fitness activity at getfithv.com. The more times they log their exercise, the better their chances to win cool prizes.

600

FREE BIKE HELMETS

distributed to area children.

10,000

EXERCISE ENTRIES

of 30+ minutes were logged on getfithv.com during the fall and spring challenges.

125

ALLIES

Community members can log their exercise at more than 125 allies (locations).

4,000

PEOPLE PARTICIPATED IN EDUCATIONAL AND OUTREACH EVENTS

Approximately 200 staff and physician hours were dedicated to these events.

207

FREE SAFETY SEAT INSPECTIONS

40 of those seats replaced for free.

Three out of four car seats are not used or installed correctly.

(Source: Safekids.org)